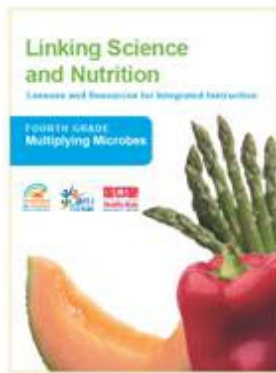


# More... Linking Science and Nutrition

The *Network for a Healthy California* of the California Department of Public Health (*Network*) and the California Healthy Kids Resource Center (CHKRC) developed these lessons to support *Network*-funded, youth-based programs to provide effective, standards-based science and nutrition instruction. Each *Linking Science and Nutrition* lesson addresses the California content standards in science and in health education. The chart below provides access to each integrated lesson and shows which Overarching Health Education Content Standard is supported when teaching the lesson. Use the chart for choosing lessons for your instructional plans or call us toll free at 888-318-8188 for questions or assistance.



## Key to the Overarching Health Education Content Standards

- EC: Essential Concepts
- AI: Analyzing Influences
- AVI: Accessing Valid Health Information
- IC: Interpersonal Communication
- DM: Decision Making
- GS: Goal Setting
- PHEB: Practicing Health-Enhancing Behaviors
- HP: Health Promotion

Lesson Title	Grade Level	EC	AI	AVI	IC	DM	GS	PHEB	HP
<a href="#">Super Senses (PDF)</a>	Kindergarten	Yes						Yes	
<a href="#">Plant Parts for Breakfast? (PDF)</a>	Kindergarten	Yes						Yes	
<a href="#">Let's Be Food Tasting Scientists (PDF)</a>	Kindergarten	Yes	Yes		Yes			Yes	

<b>Is This a Healthy Attraction?</b> <a href="#">(PDF)</a>	Grade 2	Yes	Yes					Yes	
<b>Foods for Superstar Kids</b> <a href="#">(PDF)</a>	Grade 2	Yes		Yes		Yes			
<b>Whole or Processed: Which is Better for me?</b> <a href="#">(PDF)</a>	Grade 4	Yes		Yes			Yes		
<b>Extreme Eating</b> <a href="#">(PDF)</a>	Grade 4	Yes		Yes					
<b>Keep It Fresh!</b> <a href="#">(PDF)</a>	Grade 4	Yes		Yes					
<b>Multiplying Microbes</b> <a href="#">(PDF)</a>	Grade 4	Yes		Yes					
<b>Compounds in My Food</b> <a href="#">(PDF)</a>	Grade 5	Yes		Yes					
<b>Fiber Race Tract</b> <a href="#">(PDF)</a>	Grade 5	Yes		Yes		Yes			
<b>Don't Be Faked Out! Is It Really a Fruit or a Vegetable?</b> <a href="#">(PDF)</a>	Grade 5	Yes	Yes	Yes		Yes		Yes	
<b>Genes, the Environment, and Active Prevention</b> <a href="#">(PDF)</a>	Grade 7	Yes		Yes				Yes	
<b>Tasty Packages</b> <a href="#">(PDF)</a>	Grade 7	Yes						Yes	

<b>Glorious Guacamole</b> <a href="#">(PDF)</a>	Grade 8	Yes						Yes	
<b>DNA Defender Diner</b> <a href="#">(PDF)</a>	Grade 8	Yes		Yes				Yes	Yes
<b>Fast Food Frenzy</b> <a href="#">(PDF)</a>	Grade 8	Yes		Yes				Yes	