



Teacher/Staff Name: \_\_\_\_\_ Month of: \_\_\_\_\_ School Site: \_\_\_\_\_

Date	Act. Code	Time Logged	#Reached	 	
Week 1:				Code	Code
				<b>Children/Student Nutrition Education in a Classroom Setting:</b> <b>A.</b> Nutrition education classes:use of and/or planning for approved curriculum (e.g. Dairy Council, Team Nutrition, Dietary Guidelines for Americans, <b>√Harvest of the Month</b> , Healthy Kids Resource Center,MyPyramid) <b>B.</b> Reading of books that increase the awareness of good nutrition or encourage creation of artwork or essays on topics of nutrition such as the importance of eating fruits and vegetables as part of a healthy diet. <b>C.</b> Discussing Breakfast and lunch menu choices in relation to the components of a healthy nutritious meal. <b>D.</b> Conduct cooking classes and/or taste tests with healthy foods as part of a nutrition education lesson/activity encourage handwashing as it relates to this lesson/act. <b>E.</b> Teach nutrition via CD ROM/Internet/Computer Programs	<b>Nutrition Ed at Special Events/Community Events:</b> <b>M.</b> Nut Ed at Special Events e.g. Back to School Night, Open House, health faieres,career faieres,school assemblies. <b>PA Promotion (as a component of a broader Nut Ed Intervention)</b> <b>N.</b> Promote PA as a component of a nut ed intervention <b>O.</b> Present one-time PA demonstrations that educate about and promote PA <b>Nutrition Ed Project Evaluation:</b> <b>P.</b> Conduct program planning and evals as an essential part of developing/implementing effective nut ed programs <b>Nutrition Promotion Activities:</b> <b>Q.</b> Disseminate/sponsor Newsletters, videos, Cds or web pages on good nutrition or PA integrated as part of Nut Ed. <b>R.</b> Disseminate press releases, press kits, PSAs or other educational materials that promote good nutrition. <b>S.</b> Provide brochures or posters that focus on nutrition and may include a Food Stamp Program promotion message. <b>T.</b> Set up nutrition displays eg My Pyramid posters, USDA dietary guidelines with nutritional messages <b>U.</b> Get media involved in events targeting food stamp eligibles that promote good nutrition. <b>V.</b> Provide nutrition information and or technical assistance to community leaders who work directly with the food stamp eligibles about nutrition-related issues.
Week 2:				<b>Children/Student Nutrition Education outside a Classroom Setting (as a component of a structured curriculum):</b> <b>F.</b> Participate in nutrition education field trips (do not include transportation time or costs) such as tours of farmer's markets, packing houses, dairies linking nutrition education on fruits and vegetables in classroom with field trip visit. <b>G.</b> Garden based nutrition education. <b>H.</b> In a food stamp or health aide office setting, promote healthy eating habits, (i.e. did you eat breakfast today?), and/or the role that PA plays in good nutrition (can include a brief Food Stamp Program promotion message).	<b>Staff Training/Professional Development:</b> <b>X.</b> Develop/attend Nut Ed events such as workshops,seminars conferences,trainings which may include the role PA plays in nutritional health, and provide clear and direct benefits to the food stamp audience. <b>Administrative Tasks:</b> <b>Y.</b> Time spent completing documentation, fiscal/accounting duties, general clerical tasks in support of Network Projects <b>Z.</b> <b>Other Activities:</b> (Must be listed in approved SOW or State Match Project Summary): List on Back of Page
Week 3:				<b>Adult Nutrition Education in Classroom, Group or Individual Settings:</b> <b>I.</b> See Code "A" for description of Allowable Activity. <b>J.</b> See Code "B" for description of Allowable Activity. <b>K.</b> See Code "C" for description of Allowable Activity. <b>L.</b> See Code "D" for description of Allowable Activity.	
Week 4:					

**\*\*I certify that the lessons/activities reported were conducted according to the guidelines associated with the Allowable Nutrition Education Activities**  
 Teacher/Staff Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Total Time Logged: \_\_\_\_\_

