

# Tulare County Office of Education

*Jim Vidak, County Superintendent of Schools*

September 29, 2005

## **FOR IMMEDIATE RELEASE**

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### **Tulare County Office of Education Announces: Nutrition Network Sponsors Recipe Contest in Conjunction with Tulare County Kids Fest 2005**

*Visalia*, The Tulare County Office of Education's Nutrition Network program is sponsoring a recipe contest in conjunction with Kids Fest – an annual event which will be held at the Visalia Convention Center on Saturday, November 19. Tulare County students – ages 5-14 – are encouraged to submit their favorite fruit and/or vegetable recipe and an illustration of it for possible inclusion in a cookbook, to be distributed free of charge at Kids Fest.

The contest – entitled “Local Motion” – is designed to develop students’ knowledge and understanding of the wide variety of fruits and vegetables available in the Central Valley. Students must submit their recipe and illustration no later than 5:00 pm October 28, 2005. Entries should be mailed to School Health Program, 7000 Doe Avenue, Building 300, Visalia, CA 93291.

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For entry forms and complete contest instructions, please contact Nutrition Network Coordinator Nani Rowland at (559) 651-0130, or by e-mail at [nrowland@tcoe.org](mailto:nrowland@tcoe.org).

The Nutrition Network works to promote healthier lifestyles for Tulare County families by eating more fruits and vegetables and increasing physical activity.

-TCOE-

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