

# Tulare County Office of Education

*Jim Vidak, County Superintendent of Schools*

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## **For Immediate Release**

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**Tulare County Office of Education Announces:**

## **Winners Announced in *Network for a Healthy California's* Annual Essay Contest**

The Tulare County Office of Education's *Network for a Healthy California* program is proud to announce the winners of its "Why Eat Harvest of the Month Fruits and Vegetables?" essay contest. Fourth- and fifth-grade students from throughout the county were invited to share the reason they think people should eat "Harvest of the Month" fruits and vegetables.

The *Network's* goal is to promote healthier lifestyles for Tulare County families by eating more fruits and vegetables and increasing physical activity. "In partnering with students, we want to develop their knowledge and understanding of the wide variety of fruits and vegetables that are available to us in the Central Valley," says Network Project Coordinator Nani Rowland.

The grand prize winner received a gift card in the amount of \$50. The second prize winner received a gift card in the amount of \$30 and the third prize winner received a gift card in the amount of \$20.

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The grand prize winner was Joseph Gwilliam a fifth grader from Kristi McCracken's class at Westfield Elementary in the Porterville Unified School District.

The second place winner was Alexis Cox a fourth grader from Sue Qualseth's class at Westfield Elementary in the Porterville Unified School District.

Third place was Viviana Hernandez a fifth grader from Melissa Vega's class at Wilson Elementary in the Dinuba Unified School District.

"The *Network for a Healthy California* does a fantastic job of involving the entire school community in activities that bring about change in the areas of healthy eating and increased physical exercise," says Tulare County Superintendent of Schools Jim Vidak.

For more information, please contact Robert Herman at (559) 733-6606.

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