Comment: Volleyball Coach Montgomery says, “Jennifer is a captain and three-year varsity player. She is that quiet captain who leads by example, but when she speaks both in the huddle and outside the game, she has insightful and thoughtful comments that everyone listens to. Jennifer has the respect of the coaching staff as well as her teammates. She works hard, not only to improve her own skills, but to help improve the team. We know that we can trust her to bring her best to every practice and game and through her example, she brings out the best in others around her. Jennifer is also the one who checks in with her teammates. Regardless if they are mentally or physically down, Jen is there for them. She will take extra time out of her day to give a kind word, bring a sip of water, or provide that extra need her team doesn’t know they have until it’s provided. Jennifer truly is a student athlete person of character.