

Tulare County
Office of Education
Tim A. Hire, County Superintendent of Schools

news galleryweek

April 9, 2025

Project AWARE to host free screenings of Angst movie for public, schools

for all parents and students
grades 7 and up

Free Movie: Angst

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tcoe.org/ProjectAWARE/Angst

Raising awareness around anxiety

Student Showings:

- Tuesday, April 29, 2025
- Thursday, May 1, 2025

Time: 9:00-11:45AM
Location: Galaxy Theatres Tulare
• 1575 Retherford St, Tulare 93274

Logos: PROJECT AWARE, GALAXY THEATRES, CalHOPE, Tulare County Office of Education

As part of the national Mental Health Awareness Month in May, Project AWARE has partnered with Galaxy Theatres Tulare to show the documentary *Angst*, which features decorated Olympic swimmer, Michael Phelps. Recommended for students in grades 7-12, the film includes candid interviews with teens about anxiety, and how it is both common and natural.

Schools are encouraged to register their students for morning screenings of Angst on April 29 or May 1. Screenings begin at 9:00 a.m. at Galaxy Theatres Tulare. Mental health professionals will be in attendance at each screening to answer questions and for support. Schools can register for the screenings by visiting <https://forms.gle/wyMm2KgRVZVAsosi6>.

The community is invited to a screening of Angst on the evening of April 30. Beginning at 6:00 p.m., the community screening will include a discussion at the end as well as mental health focused booths for more information. To register for the community screening visit tcoe.org/ProjectAWARE/Angst.

To stay updated on all that Project AWARE is doing for Mental Health Awareness Month, follow them on Instagram at [projectAWARETCOE](https://www.instagram.com/projectAWARETCOE) or visit tcoe.org/ProjectAWARE.

Stars in the Hills prom brings community together for students



From the start of the night, until the very end, the dance floor at the Stars in the Hills prom was never empty. Two of last Saturday night's biggest hits were *La Chona*, requested by the Porterville Police Department, and of course, the Y.M.C.A.

The Stars in the Hills prom, now in its 20th year, is for Porterville students with special needs and is sponsored by the Porterville Breakfast Rotary Club.

"What we did is we looked at the community and saw a need," said Porterville Rotarian Janice Castle. These kids were not attending the normal proms, and they felt intimidated and not at ease. So we wanted to start a prom where they felt totally comfortable, so that's why their parents are invited. Their teachers are invited and they have a ball. They really do."



The prom is supported by local businesses with dresses, suits, alterations, lighting, pictures, a salon day, and much more. On prom night, Porterville Police Department, Porterville Fire Department, and Tulare County Fire Department were there to welcome the students and their families. High school students from Granite Hills, Porterville, Monache, and Porterville Military Academy also contributed to the event throughout the day and evening.



Photos above:

~ Students dance as a DJ plays music during the 20th annual Stars in the Hills prom at Granite Hills High School in Porterville. The prom is sponsored by the Porterville Breakfast Rotary Club.

~ Monache High School students film while prom attendees receive haircuts at Jess & Co. Beauty Salon in Porterville. A film of the day is created by Monache students as a senior project and is made available for purchase to attendees and their families.

~ Prom kings and queens are crowned toward the end of the night. The kings and queens are students participating in their last prom due to graduating out of the AcCEL program.

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