

# The SEL Interactive Read Aloud Collection

## Tulare County Office of Education

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### A Book About You and All the World Too

SEL Competencies:

- **Self-Awareness** – Recognizing one’s role in a larger community and understanding personal emotions.
- **Social Awareness** – Developing empathy and recognizing connections between oneself and others.
- **Relationship Skills** – Encouraging kindness, inclusion, and building positive relationships.
- **Responsible Decision-Making** – Understanding how individual actions impact the larger world.

#### Background

*A Book About You and All the World Too* by Jean Reidy is a lyrical and beautifully illustrated book that celebrates the interconnectedness of people and communities. The book emphasizes that every individual plays a role in shaping the world around them, highlighting themes of kindness, togetherness, and belonging. Through rhythmic text and engaging illustrations, young readers are encouraged to see how their actions and choices contribute to a greater whole.

#### Before You Read

1. Look at the cover. What do you notice about the illustrations? What do you think this book might be about?
2. What does it mean to be connected to people around you? Can you think of a time you felt connected to others?
3. What are some ways we can show kindness to others in our school and community?
4. Have you ever done something small that made a big difference for someone else? How did it make you feel?
5. Why do you think it’s important to think about how we fit into the world around us?

#### While You Read

##### Guiding Questions

(Self-Awareness) – The book talks about *you* being part of the world. How do you feel when you hear that?

(Social Awareness) – The illustrations show different people doing things together. Why do you think working together is important?

(Relationship Skills) – What do you notice about the way the characters in the book treat each other? How does kindness help people feel included?

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	<p>(Self-Awareness) – The book says, <i>You are important</i>. What does that mean to you? How do you know that you are important?</p> <p>(Social Awareness) – The book mentions “all the world too.” What do you think that means? How do our choices affect people beyond just those we see every day?</p> <p>(Relationship Skills) – The book shows people doing kind things for each other. What are some small acts of kindness you’ve done or seen?</p> <p>(Responsible Decision-Making) – If you saw someone being left out, what could you do to make them feel like they belong?</p> <p>(Self-Awareness) – How do you feel when someone includes you? What does that tell us about the importance of including others?</p> <p>(Social Awareness) – How do the characters in the book help make the world a better place? Can you think of ways to do that in your own community?</p> <p>(Responsible Decision-Making) – The book ends with a hopeful message. What is one action you can take today to help make the world a better place?</p>
After Reading	<p><b>K-2 Activity: "You Are a Piece of the World" Collage</b></p> <p><b>Objective:</b> Help students visualize how they are connected to others and contribute to their community.</p> <ul style="list-style-type: none"> <li>• Give each student a puzzle piece or a small piece of paper.</li> <li>• Ask them to draw a picture of themselves doing something kind or helpful in their school, home, or community.</li> <li>• Put all the pieces together to form a class collage, symbolizing how everyone is part of something bigger.</li> <li>• Discuss: How do our actions help others? How do small actions create a big impact?</li> </ul> <p><b>Grades 3-5 Activity: "Acts of Kindness Chain Reaction"</b></p> <p><b>Objective:</b> Encourage students to reflect on how kindness spreads.</p> <ul style="list-style-type: none"> <li>• Have students write one act of kindness they will do on a strip of paper.</li> <li>• After completing the act, they add it to a kindness paper chain.</li> <li>• Over time, the class can see how small actions grow into something big.</li> <li>• Discuss: How does being kind to one person affect more people? What does this teach us about making responsible choices in our community?</li> </ul>